



# CLUBHOUSE NOTES



# Extended Family

An **extended family** is a family that extends beyond the nuclear, traditional family - consisting of parents, aunts, uncles, and cousins, all living nearby or in the same household. An example is a married couple that lives with either the husband or the wife's parents. The family changes from immediate household to extended household.

We would like to believe that when families gather (whether it be for holidays, weddings, or just a weekend dinner) everything will be pleasant. This is not always the case. Family gatherings can be tough on relationships. Even in the nicest families, there can be struggles. Try to head off or avoid these struggles before they happen.

Before getting serious with someone, you may want to know more about their family, and their family dynamics.

Here are Questions to Ask BEFORE Getting Serious.

---

1. Are you close to your family?
2. Are you or have you ever been alienated from your family?
3. Do you have a difficult time setting limits with family?
4. Were you ever abused by anyone in your family?
5. How important is it that you and your partner be on good terms with each other's families?
6. How did your parents settle conflicts when you were a child?
7. Do people in your family carry long-term grudges?

8. How much influence do your parents still have over your decisions?

9. What if your parents, sister/brother... needed money, would you give it to them right out, or do you feel the need to discuss it with your spouse?

\*\*\*10. Have unresolved or ongoing family issues ever been a factor for you in the breakup of a relationship?

**These are just a few of the many questions in this category. If you enjoyed these, you might want the [FULL LIST](#) of questions.**

[Extended Family: Questions to Ask BEFORE Getting Serious.](#)



DR  
*Melinda*  
HARPER